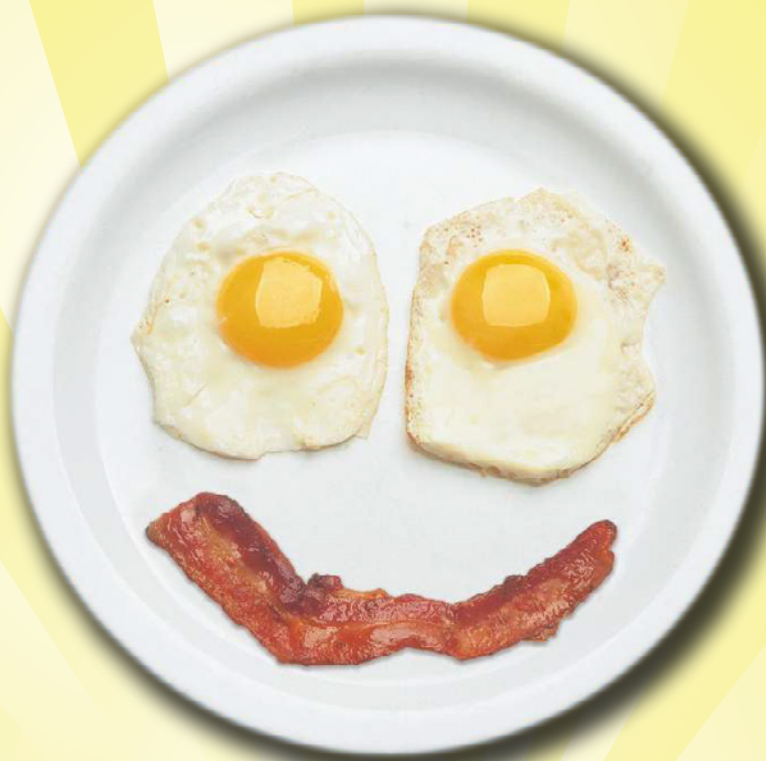


Albert's

RISING AND SHINING SINCE 1959



PANCAKES

Buttermilk Pancakes 3 of our golden buttermilk pancakes. Sure to please.

Fruit Pancakes Choice of Strawberry, Blueberry, or peach

Potato Pancakes 3 potato pancakes served with 2 strips of bacon and your choice of sour cream or apple sauce.

Li'l Riser Breakfast 3 fluffy pancakes with choice of 2 strips of bacon or 2 pork sausages.

French Toast 3 thick portions of French bread dipped with care, grilled to perfection and topped with choice of icing sugar or cinnamon. Served with 2 strips of bacon or 2 pork sausages or choice of fruit topping.

Morning Grill Platter 2 fluffy pancakes, 2 thick portions of French toast served with choice of 2 strips of bacon or 2 pork sausages.

Ask for your choice of butter or margarine.



WAFFLES

Golden Belgian Waffle
Our bigger and crispier "Belgian" - a tasty idea.

Bacon 'n Egg Waffle
Golden Belgian topped with 2 eggs any style and 2 strips of bacon.

Fruit Waffle
Choice of Strawberry, Blueberry or Peach.

EGGS

2 Egg Breakfast
We do it right for you any way you want them.

Pork Sausage 'n Eggs
4 pork sausages with 2 fresh eggs.

Steak 'n Eggs
A generous 8 oz. cut of Top Sirloin with 2 fresh eggs.

Bacon 'n Eggs
4 sizzling strips of bacon with 2 fresh eggs.

Ham 'n Eggs
A large cut of homestyle Toupee ham with 2 fresh eggs.

Beef Sausage 'n Eggs
Tasty Beef Sausage links served with 2 fresh eggs.

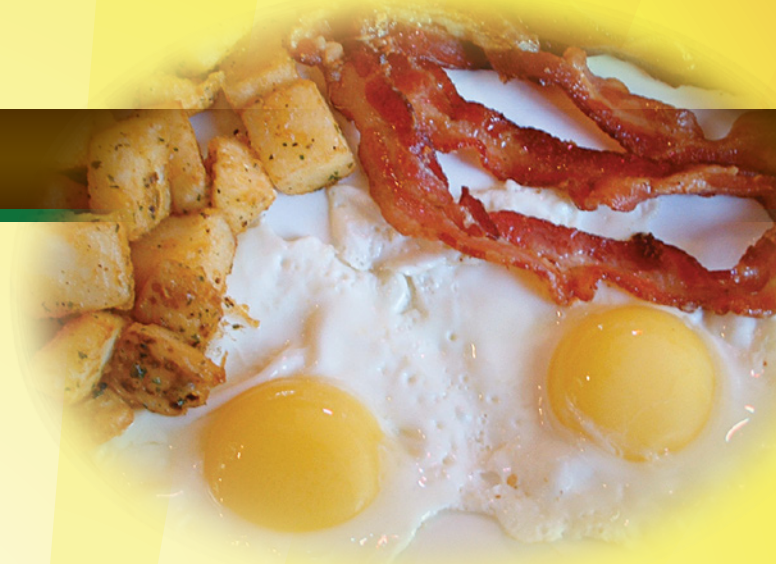
Chicken Sausage 'n Eggs
Made right here in Alberta, this lean chicken sausage is over 5 oz. full of flavour including a hint of apple. Served with 2 fresh eggs.

All above items served with choice of 2 pancakes or 2 potato pancakes or fruit cup or (toast and hashbrowns).

Meat Fest Scrambler
3 scrambled eggs mixed with bits of back bacon, bacon and pork sausage. We then mix in our hashbrowns and smother it with shredded cheese mix. Served with toast.

Breakfast Bagel
Fresh scrambled eggs topped with melted cheese and 2 slices of back bacon on a toasted bagel. Served with hashbrowns.

Veggie Fest Scrambler
3 scrambled eggs mixed with diced onion, diced tomato, green peppers, red peppers and mushrooms. We then mix in our hashbrowns and smother it with shredded cheese mix. Served with toast.



Top Your Hashbrowns

- Dairy topper: sour cream and mixed cheese
- Meat topper: bacon bits and mixed cheese
- Veggie topper: tomato, onions and mixed cheese
- Poutine style topper: gravy and mixed cheese

MIX IT UP!

Mixed Grill

2 bacon, 2 back bacon, 2 pork sausages, 2 eggs and choice of 2 pancakes or 2 potato pancakes or (toast and hashbrowns).

French Mix

2 bacon, 2 pork sausages, 2 fresh eggs and 2 thick slices of French toast.

Grand Mix

A large cut of Toupee ham, 2 bacon, 2 pork sausages, 2 eggs and choice of 2 pancakes or 2 potato pancakes or (toast and hashbrowns).

OMELETTES

All omelettes are prepared with 3 fresh eggs (unless otherwise noted) and served with your choice of 2 pancakes or 2 potato pancakes or fruit cup or (toast and hashbrowns)

Denver

A colourful blend of diced ham, green peppers, red peppers and green onion.

Super Denver

Green peppers, red peppers, onions, diced ham, mushrooms and shredded cheese.

Club

A clubhouse with a breakfast twist! Our large omelette is filled with bacon, diced chicken, diced tomato, green onions and topped with shredded cheese.

Ham 'n Cheese

Southwest Chicken

Our large omelette is filled with diced chicken, green peppers, red peppers, diced onions, a bit of salsa and topped with Jack cheese.

Ham, Cheese'n Mushroom

Mexi - Fiesta

A large omelette filled with mushrooms, green peppers, red peppers, salsa, green onions, cheddar and mozza
Add Taco Beef.



House Special

Stuffed with diced ham, bacon, mushrooms, shredded cheese and Jack cheese.

Popeye's Omelette

Popeye loves his Veggies. His big omelette is filled with bits of chopped spinach, tomatoes, mushrooms, and Mozza cheese. Topped off with crumbled Feta

Monster Monte

Large 5 egg omelette filled with diced ham, chicken, and smothered with a blend of cheddar and mozza cheese.

Extra Toppings

Top Your Hashbrowns

- Dairy topper: sour cream and mixed cheese
- Meat topper: bacon bits and mixed cheese
- Veggie topper: tomato, onions and mixed cheese
- Poutine style topper: gravy and mixed cheese

BEVERAGES

Seattle's Best Coffee®

A balanced, smooth & full-flavoured coffee that's exclusively for everyone.

Tea/Specialty Tea Ask for today's flavours.

Hot Chocolate

Juice TROPICANA Orange Juice.

Ask your server about our other juice selections.

Juice - Carafe \$6.99

2% Milk/Chocolate Milk

Milkshakes

Soft Drinks/Iced Tea

EXTRA LARGE size. Free refill with meal.



Seattle's Best Coffee and the Seattle's Best Coffee logo are registered trademarks of Seattle's Best Coffee, LLC. Approval code: SBUXC-00071.

SIDES

1 Fresh Egg

2 Fresh Eggs with Toast

Toupee Ham, slice

Bacon (4)

Hashbrowns

Bagel 'n Jam

Bagel 'n Cream Cheese

Back Bacon (4)

Pork Sausages (4)

Cinnamon Bun

Fresh Fruit Cup

Toast 'n Jam

Yogurt & Fruit

Please ask server about other baked fresh items that may be available

SIDES & STARTERS

Please ask server for additional bar food menu options (bar locations only)

Chicken Strips 5 juicy strips of breaded breast of chicken served with plum sauce and 2 kinds of fries.

Chicken Wings (1 Pound) Wings served with 2 kinds of fries. Choice of BBQ sauce, Honey Garlic, Teriyaki sauce, Hot sauce or Cajun Spice.

Homestyle Soup of the Day - Bowl

French Fries

Sweet Potato Fries

Garlic Toast (2 Slices)

Garlic Cheese Toast (2 Slices)

Gravy

Top Your Fries

- Dairy topper: sour cream and mixed cheese
- Meat topper: bacon bits and mixed cheese
- Veggie topper: tomato, onions and mixed cheese
- Poutine style topper: gravy and mixed cheese

KIDS MENU

BREAKFAST

1. **One Egg** with 2 strips of bacon or pork sausage with 2 buttermilk pancakes
2. **French Toast** with 1 strip of bacon or pork sausage.
3. **2 Buttermilk Pancakes** topped with choice of fruit and served with 1 strip of bacon or pork sausage.
4. **Half Waffle** Served with choice of fruit and whipped topping.

ALL Kids Meals Include:
Kids's size beverage (pop, juice or milk)

Kids Lunches/Dinners Include:
Fries, Fruit Cup or Carrot Sticks
and dessert (upon request)



LUNCH/DINNER

1. **Macaroni & Cheese**
2. **Grilled Cheese Sandwich**
3. **Beef Burger**
4. **Individual Pepperoni Pizza**
5. **Chicken Strips**

SANDWICHES

Albert's does up all your favorites the good old fashioned way. All sandwiches are served with your choice of: french fries, fruit cup, yogurt, soup, tossed salad, or Caesar salad.

Denver

A blend of ham, eggs, mixed peppers and green onions. Topped with mixed cheese and served open or closed.

Beef Dip

Thin strips of sirloin inside of our soft pretzel bun. Served with au jus. Add Cheddar and Onions.

Grilled Ham & Cheese

An old favourite! Lots of ham, lots of cheese.

Clubhouse

A sandwich and a half, with layers of turkey, tomatoes, bacon, and lettuce. Add Cheddar.

Toasted B.L.T.

4 strips of bacon with juicy tomatoes and fresh lettuce. Add Cheddar.

Monte Cristo

Triple decker delight! Hot and cheesy! Jack cheese, sliced Toupee ham, roasted turkey, stacked and grilled.

Reuben

Lots of melted Jack cheese, lots of hot smoked meat and sauerkraut layered in grilled rye bread.



Steak Sandwich

Juicy 8 oz. Top Sirloin broiled just the way you like it.

Chicken Quesadillas

Quesadillas filled with chicken breast pieces, mozzarella, cheddar, mixed peppers and green onions. Served with salsa and sour cream on the side.

Breakfast Jack Club

A Club Sandwich with a breakfast twist! A triple layer sandwich with 1 layer of Egg, Mayo, and Jack cheese, 1 layer of bacon, lettuce, and tomato.

- Add your choice of salad or soup
- Sub side choice with Greek salad
- Sub regular fries with sweet potato fries

WRAPS

Chicken Caesar Wrap A fresh warm tortilla wrapped around our tasty Caesar salad with parmesan cheese and strips of chicken breast.

Chicken Wrap A fresh warm tortilla wrapped around tender bits of chicken breast mixed with diced tomatoes and lettuce. Served with salsa.

FRESH SALADS

Ask about our dressing choice. Sundried Tomato Pesto, Peppercorn Ranch, Thousand Island, Balsamic, Ranch, French, Italian & Raspberry. (Selection may vary by location)

Crunchy Chicken Club Salad

Our own combination of breaded chicken breast pieces, bacon bits, tomato and shredded cheese on a large bed of mixed greens.

Taco Salad

Zesty Mexican original in a crispy tortilla shell with seasoned taco beef, tomatoes, black olives, shredded cheese and jalapenos with our fresh mixed greens. Served with sour cream and salsa on the side.

Greek Salad

Chunks of tomato, cucumber, feta cheese mixed with red onion, sliced black olives and our zesty Greek dressing. Regular Appetizer

Caesar

Our royal treat to you. Romaine glistening with our special dressing and sprinkled with parmesan cheese and croutons. Regular Appetizer



Chicken Caesar Our regular Caesar topped with strips of chicken breast.

Crunchy Chicken Caesar Our regular Caesar topped with breaded chicken breast pieces.

BEEF BURGERS

Made from ground chuck steak, our big 6 oz. Beef burgers are garnished with lettuce, tomato, onions, relish and pickles. All burgers are served with your choice of: french fries, yogurt, fruit cup, soup, tossed salad or Caesar salad.

UP SIZE your burger! Add a second beef burger patty for just



Buffalo Burger

The smart choice! A big charbroiled Buffalo burger with all the trimmings.

Al's Double Cheese Burger

2 slices of melted cheese on 2 quarter pound hamburger patties to fill any big appetite.

Bacon 'n Cheese Burger

2 strips of bacon layered over melted cheese on our big burger.

Cheese Burger

A wholesome slice of cheese melted over our big burger, sure to please.

Bacon, Cheese 'n Mushroom Burger

The ultimate combination of flavour favorites. 2 strips of bacon, melted cheese slice and marvellous mushrooms.

Monterey Mushroom Burger

What a combo! Fresh grilled mushrooms and melted Jack cheese over our big burger.

Grilled Cheese Sandwich Burger



A thick gooey grilled cheese sandwich stuffed with a quarter pound Chuck steak burger.

OTHER BURGERS

All chicken burgers are served with mayonnaise.

Chicken Burger

Our tasty chicken breast burger is sure to please.

Breaded Crunchy Chicken Burger

Our special crunchy chicken breast burger is a hit.

Chicken "Club" Burger

2 sizzling strips of bacon over melted cheese on our chicken breast burger.

Crunchy Chicken "Deluxe" Burger

2 sizzling strips of bacon over melted Jack cheese on our crunchy chicken breast burger.

Dusted Haddock Burger

A crisp flour coated fillet of Haddock lightly dusted with a blend of savoury spices. Served with Tartar sauce.



ADD ONS

Extra Beef Patty

Extra Breast of Chicken

Bacon Strips (2)

Soup or Salad

Sauteed Mushrooms

Sauteed Grilled Onions

Gravy

Cheese Slice

SUB Greek Salad

Garlic Toast

SUB Sweet Potato Fries

CLUB 55+

FOR OUR FRIENDS 55 YEARS AND OVER

BREAKFAST

1. 2 strips of bacon or pork sausage, one egg any style, 2 pancakes or (hashbrowns and toast).
2. 3 buttermilk pancakes, choice of topping crowned with whipped topping.
3. 2 egg ham 'n cheese omelette, served with your choice of 2 pancakes or (hashbrowns and toast).
4. Half Belgian Waffle with choice of fruit topping crowned with whipped topping.
5. 2 egg Denver omelette with your choice of 2 pancakes or (hashbrowns and toast).



LUNCH

Lunch #1, #2, and #3 served with choice of french fries, fruit cup, soup, tossed salad or Caesar salad.

1. Cheeseburger with all the trimmin's
2. Hot Hamburger Sandwich topped with gravy over bread
3. Grilled cheese 'n Tomato Sandwich
4. Crunchy Chicken Caesar Salad

DINNER

Add soup or salad. Sub regular fries with sweet potato fries

Selections may vary by location

- Liver and onions with bacon. Served with vegetable and choice of potato or rice.
- Fish 'n Chips served with tartar sauce.
- Hamburger steak topped with mushrooms, onions and gravy. Served with vegetable and choice of potato or rice.
- Breaded veal cutlet topped with gravy. Served with vegetable and choice of potato or rice.
- Grilled Salmon - Our wild Alaskan grilled salmon served with vegetable and choice of potato or rice.
- Hot Beef Sandwich - Roast Beef served over bread, smothered in gravy, served with vegetable and choice of potato or rice.
- Chicken Breast dinner. Boneless breast of chicken served with vegetable and choice of potato or rice.
- Boiled cheddar & potato perogies with sauteed onions. Served with sauerkraut and choice of fish, pork or beef sausages.

HOMESTYLE DINNER

Dinner served to satisfy the number one person at our place, you! Larger portions and homestyle cooking gives you full value.

Add a Soup or Salad (Tossed, Caesar or Greek) with dinner.

Hamburger Steak

Large homestyle hamburger steak patties made from our own special recipe. Topped with lots of sauteed mushrooms, sauteed onions and gravy. Served with daily vegetable and choice of potato or rice.

Liver n' Onions

For good nutrition and taste, 2 pieces of breaded beef liver topped with onions and bacon. Served with daily vegetable and choice of potato or rice.

Fish n' Chips

A generous portion of our new crisp flour coated fillets of Haddock lightly dusted with a blend of savoury spices. Served with Tartar sauce and fries.

Veal Cutlets

Our new tender, breaded and specially seasoned veal cutlets are sure to please. Topped with gravy and served with daily vegetable and choice of potato or rice.



CAPILANO FAVOURITES

Entrees listed below are served exclusively at this location only

Lasagna

An all time favorite. A large dish of homestyle lasagna topped with a mixture of shredded cheese.

Sirloin Steak Sandwich

A generous 8 oz. cut of Alberta Top Sirloin steak broiled to your perfection. Served with choice of potato or rice.

Chicken Stir Fry

Juicy strips of chicken and a large mix of fresh vegetables cooked in teriyaki sauce. Served on a large bed of rice.

Veggie Stir Fry

A large mix of fresh vegetables cooked in teriyaki sauce. Served on a large bed of rice.

Ginger Beef Stir Fry

Juicy strips of ginger beef and a large mix of fresh vegetables cooked in ginger beef sauce. Served on a large bed of rice.

Turkey Dinner

Lots of fresh roasted turkey topped with gravy and served with vegetables and choice of potato or rice.

Roast Beef Dinner

Lots of lean roast beef topped with gravy and served with vegetables and choice of potato or rice.



All menu items do not include G.S.T. or gratuity.

ADD ONS

Sauteed Mushrooms

Garlic Toast

Sauteed Grilled Onions

SUB Sweet Potato Fries

Gravy